

89th Wave
HALIFAX'S GREATEST HITS

**FACT?
OR
FICTION?**

**YOU COULD SEE
ROD STEWART
in England!**



WEEKDAY MORNINGS AT 6:45, 7:45 & 8:45

Halifax metro

ROSEMARY WESTWOOD
Why the silence,
McDonald's?
metroVIEWS



Your essential daily news | MONDAY, SEPTEMBER 26, 2016

High 14°C/Low 5°C Mix of sun and cloud



District 1



District 2



District 3



District 4



District 5



District 6



District 7



District 8

HALIFAX VOTES 2016



District 9



District 11



District 13



District 14



District 10



District 12



District 15



District 16

WHERE IS THE *diversity* HALIFAX?

The push is on to bring a new
look to city hall **metroNEWS**



Change your life & the lives of others.

*Become a Child and Youth
Care Worker*

Help young people through problems and conflict

**COURSE
BEGINS
IN
OCTOBER**



Success College
Get Ready.

Career training in Nova Scotia
for over 100 years.

successcollege.ca | 902.865.8283

800 Sackville Dr., Lower Sackville, NS, B4E 1R8

► **Fall for Audi Sales Event.**
Audi Halifax Exclusive offer.



Experience the Extraordinary.

Experience quattro.

The all-new 2017 Audi A4 quattro

Lease from

\$489*

per month 48 months

**Zero down
payment**

The new 2017 Audi Q3 quattro

Lease from

\$449*

per month 48 months

**Zero down
payment**

Offers end September 30th.

► **Visit audihalifax.com for details.**

Existing Audi Owners will enjoy even more savings!

AudiHalifax

6077 Columbus Street
Halifax, Nova Scotia
Telephone 902 453 2834
www.audihalifax.com

*Fees and taxes extra. 48 month lease with 36,000 kilometers total allowance, excess mileage charge at end of term at 30 cents per kilometer. 1st months payment, refundable security deposit, administration fee, air tax, tire tax and licensing due at signing. Offer valid on in stock Komfort units only.



HALIFAX HEROES Ordinary people doing extraordinary things

Animal lover's 'unpaid night job'

RESCUE

From 'horses to budgies', Lake Echo woman helps all in need



Yvette d'Entremont
Metro | Halifax

For Darlene Grady-Lunn, it's all about hope.

Since 2012 Grady-Lunn has helped rescue about 500 animals. Most have been dogs. But she has assisted "horses to budgies and everything in between" via her rescue group, Marley's Hope.

"I used to joke and say my house has a neon sign that only animals can see that says 'come on in' because over the course of my life I've just always found animals or been part of helping rehome animals," she said.

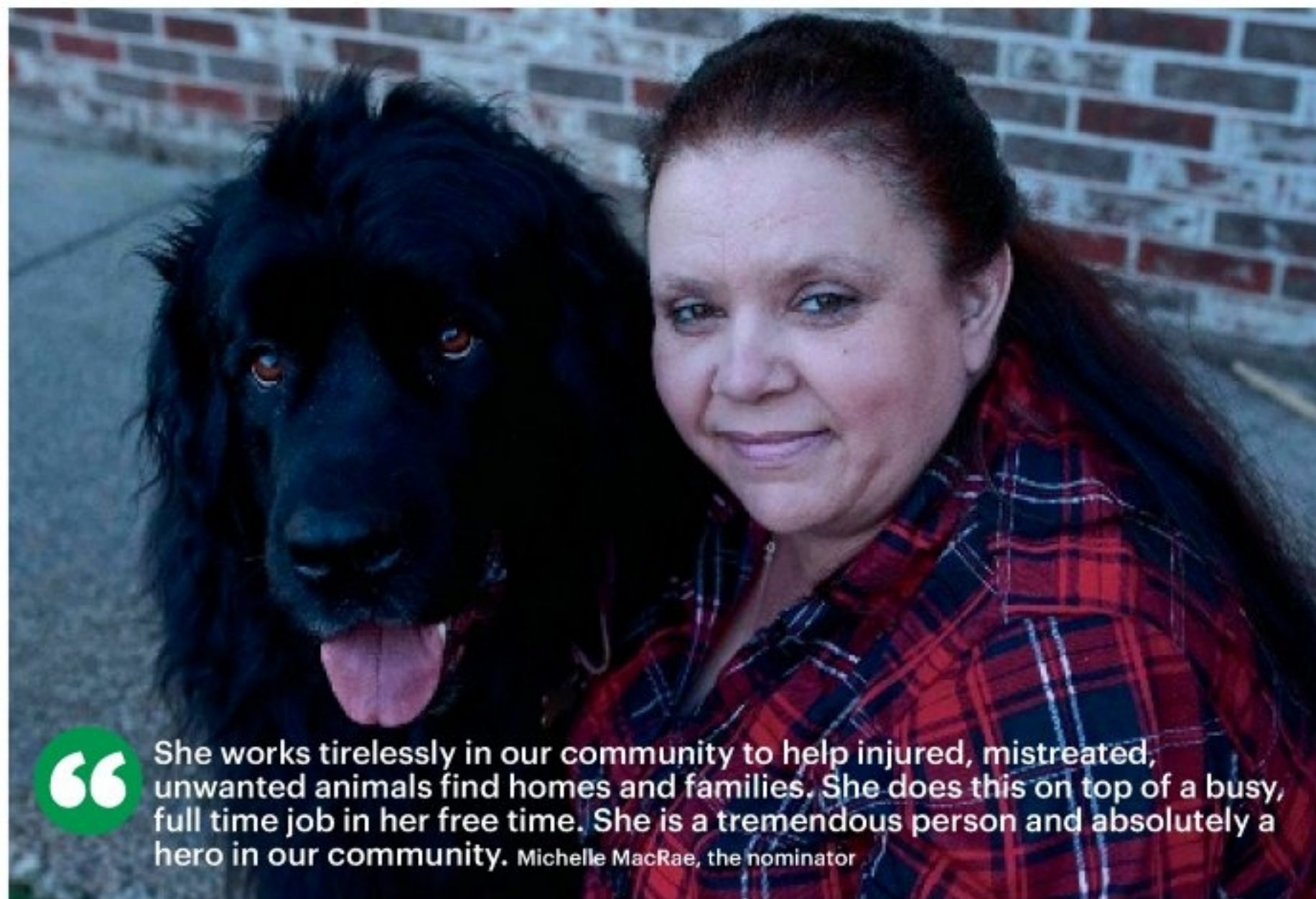
"My children were older and I was able to devote the time to it and so I started it."

Marley, a 150-pound Newfoundland dog she welcomed into her family in 2011, was the impetus behind starting Marley's Hope.

"We got her as a puppy and although I'm a little bit biased, she's one of the best dogs that I've ever met," Grady-Lunn said.

"It sounds a little cheesy but I hope that all dogs can have the same kind of life that she's been afforded. She lives a very good life and we just want to help where we can."

Grady-Lunn works full time for



“She works tirelessly in our community to help injured, mistreated, unwanted animals find homes and families. She does this on top of a busy, full time job in her free time. She is a tremendous person and absolutely a hero in our community. Michelle MacRae, the nominator

Darlene Grady-Lunn with her Newfoundland dog Marley. She runs Marley's Hope, an animal rescue in Lake Echo. JEFF HARPER/METRO

Shelter Nova Scotia, but puts in 30 to 35 hours each week helping run Marley's Hope. She jokingly calls it her "unpaid night job."

Her free time is spent dealing with people looking to rehome or surrender their pets. She works closely with a core team of dedicated volunteers

whom she praises.

She regularly helps with fund-raising to bring in much-needed funds to the rescue, and she spends many hours in vet clinics with the animals who need her. She also does a lot of advocacy work because she firmly believes "when people are educated to

know better, they do better."

"Her role is an extremely difficult one, characterized by a lot of heartbreak seeing these dogs (and sometimes cats) who have been treated callously at best and tortured at worst," Michelle MacRae said in her email nominating Grady-Lunn as a Halifax Hero.

"She's been there to make the difficult decisions about having animals put down when they are beyond her help, holding them and comforting them in their final hours."

Grady-Lunn said while she often sees "terrible" things, she never loses sight of the fact there

+ NOMINATIONS

Do you have someone to nominate?

Each Monday, we will profile an unsung volunteer hero in our community as part of Halifax Heroes.

To nominate someone, email philip.croucher@metronews.ca, Metro Halifax's managing editor, or **Tweet @metrohalifax** using the hashtag **#Halifaxheroes**

is a lot of good in the world too.

She tells the story of a young dog chained outside on a three-foot tether last November. Someone told Grady-Lunn the dog needed help, so she brought food.

"I had asked the people if they would give her up and they didn't want to. We kept going back and eventually I was able with some incentives to get them to surrender the dog to me," she recalled.

"She was a little (young) lab and she probably should have weighed in the vicinity of 25 to 30 pounds...and she was really skinny and just 12 pounds. So when I got her I was really happy to have her."

That little dog was adopted and Grady-Lunn sees her often.

"She comes to our events and just kind of makes me realize I've seen her at her very worst and I've seen her at her very best, and it really is the motivation to keep doing it," she said.

• 902-225-5050 •

Downsizing?

I'll show you the up-sides



Michael.Sears@BryantRealty.ca
REALTOR® SRES® 902-225-5050

Bryant
REALTY
ATLANTIC

Proud Supporter of
BRIGADOON

michaelsears.ca

Not intended to solicit properties currently under contract.



A new image for council

POLITICS

Councillor, pastor hoping for a much more diverse city



Haley Ryan
Metro | Halifax

Halifax is made up of more than white, middle-aged men, but one might not know that by looking at regional council.

The 16 districts that make up HRM are home to women, African Nova Scotians, Mi'kmaq, those of other aboriginal backgrounds, immigrants, LGBTQ residents, wheelchair users and more — but those voices take up very little, if any, space on council.

It's that lack of representation that hurts the whole community and should change in this municipal election, says Rev. Dr. Lennett Anderson.

"Our strength comes from our diversity, not our similarities," Anderson, a senior pastor at Upper Hammonds Plains' Emmanuel Baptist Church and African Nova Scotian resident, said in an interview.

"Every citizen needs to know and feel that the leadership is open and inclusive. That's the only way we're going advance as people."

In the past 20 years (since amalgamation in 1996) there has only been one black councillor — Graham Downey, who served until 2000.

Representation shows traditionally marginalized com-



Rev. Lennett Anderson speaks to the media outside the Sobeys in Upper Tantallon back in March over allegations of racial profiling at the grocery store. JEFF HARPER/METRO

“We learn better when we work together.” Rev. Lennett Anderson

munities they are listened to, and inspires young people to become more engaged, Anderson said.

Diverse voices are also vital as “checks and balances” when it comes to decisions affecting vulnerable groups, Anderson said.

With one grandmother a former Africville resident, he said that piece of history springs to mind as something that could've been avoided with black councillors at the table.

“We have to face the impact that injustices can arise when there's a lack of diversity,”

Anderson said.

Anderson said councillors must better interact with all their residents to understand “culturally and historically” what matters to them — and why there might be a lack of trust in politicians.

“Our past is a place of reference, not of residence. I don't think we ought to live in the past, but we ought to be mindful of it,” Anderson said.

Aside from the need for black

representation, Anderson said it's alarming to only have two women councillors as incumbents (since Jennifer Watts and Gloria McCluskey are not re-offering), and no aboriginal voice at all.

Watts sparked the conversation around diversity on council when she announced she was stepping aside for new ideas and “for people who are voting to be challenged to think about the type of leadership they want,” she said in a recent interview.

For diverse residents who don't see themselves represented, Watts said they might not feel comfortable going to their councillor with issues because they think “Will that person maybe have an understanding or an empathy to what I'm speaking about?”

While Anderson said it's exciting to see seven people of colour amongst the 50 running in the election, more than he remembers from 2012, he will be “saddened” if none win a seat.

Part of the problem with diverse voter engagement is education as well as the lack of current representation, Anderson said, since many residents might not understand the difference between levels of government, or a polling station might not be conveniently placed for historically black communities.

In today's society we must become accustomed to seeing diversity in “every realm of leadership,” Anderson said — and raise concerns when that's not the case.

“Council is supposed to reflect the constituency, and Halifax is no longer what the council looks like,” Anderson said.

ELECTION

Trans candidate praised by advocate

Seeing the city's first openly trans municipal candidate run this election is “fantastic,” says one LGBTQ advocate, since more diverse voices can better prevent discrimination.

Kate Shewan, executive director of The Youth Project, said it's great from “a number of perspectives” to see Gabriel Enxuga run for District 5 as the first openly trans candidate in HRM.

“There's so many areas that discrimination happens without people even realizing it,” Shewan said.

Shewan said seemingly everyday decisions within council can impact LGBTQ people without appearing to — such as changing dynamics in certain neighbourhoods, or around buildings like The Khyber with a long history for the gay community.

Having diverse voices on council could also impact municipal issues like hiring practices within HRM, since Shewan said the city is “a big employer,” and if more trans residents as well as people of colour were hired it would send a strong message.

It's “amazing” to have Enxuga feel comfortable enough to share his perspective openly as a trans man, Shewan said. It's only been four years since gender identity and expression were added to the Nova Scotia Human Rights Act, Shewan said, and hasn't even happened federally yet.

“I think that's a really positive sign, and I think five years ago even people didn't have that level of safety,” Shewan said.

HALEY RYAN/METRO

YOUNG DRIVERS®

We Save Lives

Limited Seating. Call Today to Enroll.

Halifax - October 1st - Weekend
 Dartmouth - October 13th - Evening
 Bedford - October 22nd - Weekend
 GDL Exit & Point Reduction - October 16th - Daytime

902.425.1322 • yd.com/Halifax
 New Classroom in Bedford Place Mall

humanitarian AWARDS

WEDNESDAY, NOV. 9th
CUNARD CENTRE

Join us as we celebrate these inspiring individuals

Reception: 5:45 p.m. | Dinner: 6:30 p.m. | Dress: **Business**
 Tickets: \$150 or \$1500 corporate table (10)
 A charitable tax receipt will be issued for a portion of the ticket price

Dale Godsoe, C.M.
 Humanitarian Award Recipient

Rachel Brouwer
 Young Humanitarian Award Recipient

For tickets or information visit www.redcross.ca/humanitarianNStickets
 or contact 902.424.1818 | shaylyn.macauley@redcross.ca

Talking housing in District 8

HALIFAX PENINSULA NORTH

Patty Cuttall-Busby on the big issues



Zane Woodford
Metro | Halifax

The last few years have been a time of change in Halifax, and nowhere is that more true than in Peninsula North.

"On a local level, in District 8, we've seen a lot of changes over the past 10 years," said Patty Cuttall-Busby, executive director North End Business Association, in a recent interview.

"As the community continues to grow, there's some urgency around addressing a number of issues at the municipal level."

Cuttall-Busby names tax



Patty Cuttall-Busby poses for a photo on Gottingen Street.

ZANE WOODFORD/METRO

reform, the upcoming Centre Plan, more parking on Gottingen Street, and public space enhancement as major

issues in the district.

She also said there's a "vacuum of leadership" when it comes to affordable housing,

and she'd like to see the municipality step up.

"We have specific issues in the north end where we see a lot of redevelopment happening, and in that redevelopment there should be some affordable housing component to ensure that people living here now have an opportunity to live here in the future," she said.

"The most resilient, sustainable communities around the world are those that have a mix of demographics, a mix of incomes: school children, elderly people, middle aged people, working... So you have that great community dynamic, and I'd like to see that maintained in the north end. It's part of what makes this community great. It's what people love about it."

The area's outgoing councillor, Jennifer Watts, said in a recent interview that,

along with development and transportation, she sees affordable housing as a major issue as well.

"I think people are very interested in seeing the municipality take as strong a role as possible in supporting safe, affordable housing for a variety of members of our community," she said.

After two terms as councillor in the district, Watts announced she wouldn't be seeking re-election about a year ago, and made a call for more diversity on council.

Seven candidates have

stepped up to try to take her place.

The apparent frontrunners are Halifax North Memorial Public Library assistant and community leader Lindell Smith and Halifax Bloggers founder and Downtown Halifax Business Commission communications director Brenden Sommerhalder.

Irvine Carvery, who ran as a Conservative in last year's federal election is on the ballot as well, along with Martin Farrell, Anthony Kawalski, Patrick Murphy and Chris Poole.

MAPPED | HALIFAX ELECTION DISTRICTS

DISTRICT 7: HALIFAX PENINSULA NORTH



Population: 25,770

Boundaries: District 7 includes the northern part of the Halifax peninsula. The boundaries run through the peninsula up Cornwallis Street, Cogswell Street, then Quinpool Road, and then along Oxford Street, down Bayers Road to Connaught, and towards the Bedford Basin.



Martin Farrell

halifaxdistrict8election.ca



Patrick Murphy

patrickmurphy.ca
Twitter: @8Defender



Lindell Smith
lindellsmith-hfx.ca
Facebook: LindellSmith-HFX
Twitter: @LindellSmithHFX



Irvine Carvery

Twitter: @Simonseez



Anthony Kawalski

kawalski.ca
Facebook: KawalskiFor-District8
Twitter: @AKawalski



Chris Poole

Chrispoole.ca
Twitter: @HalifaxChris



Brenden Sommerhalder

votebrenden.ca
Facebook: BrendenSommerhalder
Twitter: @bsommerhalder



Key Dates:

e-voting (online and by telephone) starts Oct. 4, runs every day till Oct. 13. Advanced polling in person on Oct. 8, 11.

Election Day is Oct. 15

Qualifications: must be at least 18 years old, Canadian citizen, Nova Scotia resident for six months, and an HRM resident before the first advanced polling day.

Check if you're registered: votersearch.halifax.ca/hrm/onvoterslist.html

Which district you live in: apps.halifax.ca/districtlookup

Where to vote: votersearch.halifax.ca/hrm/wheretovote.html

Any questions: call 902-490-VOTE (8683) or 1-844-301-VOTE (8683) or email election@halifax.ca

In just 62 weeks you can become a CARDIOLOGY TECHNOLOGIST

Technology is critically important in healthcare and you can be at the forefront by becoming a Cardiology Technologist. Cardiology Technologists conduct a wide variety of diagnostic procedures including Electrocardiograms (ECGs), Stress Tests, Holter Monitoring and Event Monitoring.

- Accredited by the Canadian Medical Association (CMA) & recognized by the Canadian Society of Cardiology Technologists (CSCT)
- Registered Cardiology Technologists in Nova Scotia earn between \$20.51 - 27.91 / hour

You may be eligible for government student loans, grants and bursaries.

\$1,000 Bursary to all hospital & healthcare employees

STENBERG COLLEGE

Toll Free: 1-877-836-2374 • stenbergcollege.com





CRUISING IN FIVE LINERS VISIT OVER WEEKEND There are plenty of cruise ships visiting Halifax this time of year, including Saturday when Regatta, an Oceania Cruises vessel, docked at Pier 20 along with about 600 passengers. Five cruise ships docked in Halifax over the weekend, and three are scheduled to arrive Monday, including Disney Magic. JEFF HARPER/METRO

Police respond to five bomb threats

FALSE ALARMS

Airport, two universities, library among hoax targets



Philip Croucher
Metro | Halifax

Halifax police are investigating five bomb threats all within an hour of each other, including at two universities and the airport.

Halifax Regional Police say at 2 a.m. Sunday they responded to Dalhousie University after a bomb threat was made about the school to the force from

an anonymous person using an automated phone message.

As police were at Dalhousie, a second bomb threat was reported at Saint Mary's University, after the school received a threatening message from, again, an anonymous person.

Seven minutes after the threat was made at Saint Mary's, police received a bomb threat for the Halifax Public Library on Spring Garden Road.

"Nothing suspicious was found at any of these locations," a HRP police release stated.

Also early Sunday, the RCMP in Halifax were called to two bomb threats.

At about 1:30 a.m. the RCMP said they received an anonymous call from a man claiming he was in the parking lot of Cole

Harbour Place with bombs and a hunting rifle.

"Police immediately cordoned off an area surrounding Forest Hills Parkway and searched the area. Nothing suspicious was found," the release said.

Then at 2:20 a.m., the RCMP said they received an automated phone message from an anonymous person saying there was a bomb at Halifax Stanfield International Airport.

"A search of the airport was conducted with assistance from Halifax Regional Police and the RCMP Police Dog Service. Nothing suspicious was found," a statement said.

No arrests have been made and police are continuing to investigate.

Drinks spiked, students allege

Dalhousie University has issued a warning after four students reported they were served alcohol spiked with an unknown

substance. A security bulletin by the Halifax school Friday says the spiked drinks were allegedly served at an organ-

ized off-campus party.

The bulletin says students should not leave drinks unattended. THE CANADIAN PRESS

Enjoy the outdoor season with Beltone, the clear choice for quality sound.



Book your Risk Free*
Beltone 360° Hearing Evaluation™

We are pleased to provide you with the following opportunities:

- ✓ Risk Free* Beltone 360° Hearing Evaluation™ and demo of the latest technology.
- ✓ 500 Aeroplan Miles just for taking the test.
- ✓ If hearing aids are not necessary, we will tell you so.

FALL SAVINGS PACKAGES AVAILABLE ON CERTAIN MODELS

Toll Free: 1-800-565-3494

HALIFAX
422-4327
6589 Chebucto Rd

BEDFORD
835-3494
2 Dartmouth Rd

DARTMOUTH
469-3494
530 Portland St

WINDSOR
798-0952
53 Gerrish St

aeroplan



www.beltoneworld.com

Beltone
Helping the world hear better

*Aeroplan and the Aeroplan logo are registered trademarks of Air Canada Inc.
*Expires Oct. 28, 2016. Audiometric reports available, fee applies. 0% financing available OAC. Some conditions apply. For details or to learn more visit any Beltone The Hearing Aid Centre locations or visit www.beltoneworld.com. VAC health identification cards accepted. WCB approved service provider.

MAYORAL CANDIDATES FORUM 2016

SEPTEMBER 27 → 6:00 PM
WESTIN NOVA SCOTIAN HOTEL

#MAYORFORUM
DOWNTOWNHALIFAX.CA
MODERATED BY DAN LEGER

Grits feared ungrateful

POLITICS

Voters irked that Atlantic Canada may not be on Supreme Court

Less than a year after the federal Liberals won all 32 seats in Atlantic Canada, some East Coasters are feeling taken for granted.

Critics and political observers say a number of perceived missteps are starting to take the form of a political narrative that does not reflect well on the governing party or its telegenic leader, Prime Minister Justin Trudeau.

"When you start adding these up, the cumulative effect can be woven into quite a rhetorical tapestry for an opposition party," says Tom Bateman, a political-science professor at St. Thomas University in Fredericton.

"That's what the Liberals have to worry about."

Among other things, Atlantic Canadians have been irked by Trudeau's suggestion that he may not replace a retired Su-



Prime Minister Justin Trudeau joins MP Colin Fraser, left, and Nova Scotia Premier Stephen McNeil during an event in Bridgetown last month. DARREN CALABRESE/THE CANADIAN PRESS FILE

preme Court of Canada judge from Nova Scotia with someone from Atlantic Canada.

Failure to appoint an Atlantic Canadian would effectively kill a 141-year-old unwritten convention that ensures every region of the country has representation on the country's highest court. Trudeau has

Diversity need not come at the expense of Atlantic Canada.
Pierrette Ringuette

argued that other forms of diversity are just as important.

Treasury Board President Scott Brison, the senior federal cabinet minister from Nova Scotia, says it's too early to judge what the government will do, noting that Atlantic Canadians are among those being considered for the job.

"People ought to wait until that appointment is made," he said, adding that the new non-partisan selection process is based on merit, not the cronyism that he says the previous Tory government was known for.

But the new process hasn't won over some vocal opponents.

Earlier this week, trial lawyers from across the region took Ottawa to court to make sure Atlantic Canada keeps its seat.

Nova Scotia Premier Stephen McNeil also said the rule should not be dropped, as did two New Brunswick senators: Conservative John Wallace and Pierrette Ringuette, a former Liberal senator who now sits as an Independent.

"Policies to promote diversity need not come at the expense of excluding Atlantic Canada," Ringuette said in a statement earlier this month.

With the wrangling over the Supreme Court, Bateman says some Atlantic Canadians are coming to the realization that electing a full slate of Liberal MPs has not granted the region any special status.

THE CANADIAN PRESS

ROADS

Mother killed, 4 hurt in collision

Philip Croucher
Metro | Halifax

A woman died and four other people were seriously injured, including two children, after a two-vehicle crash outside of Halifax on Sunday.

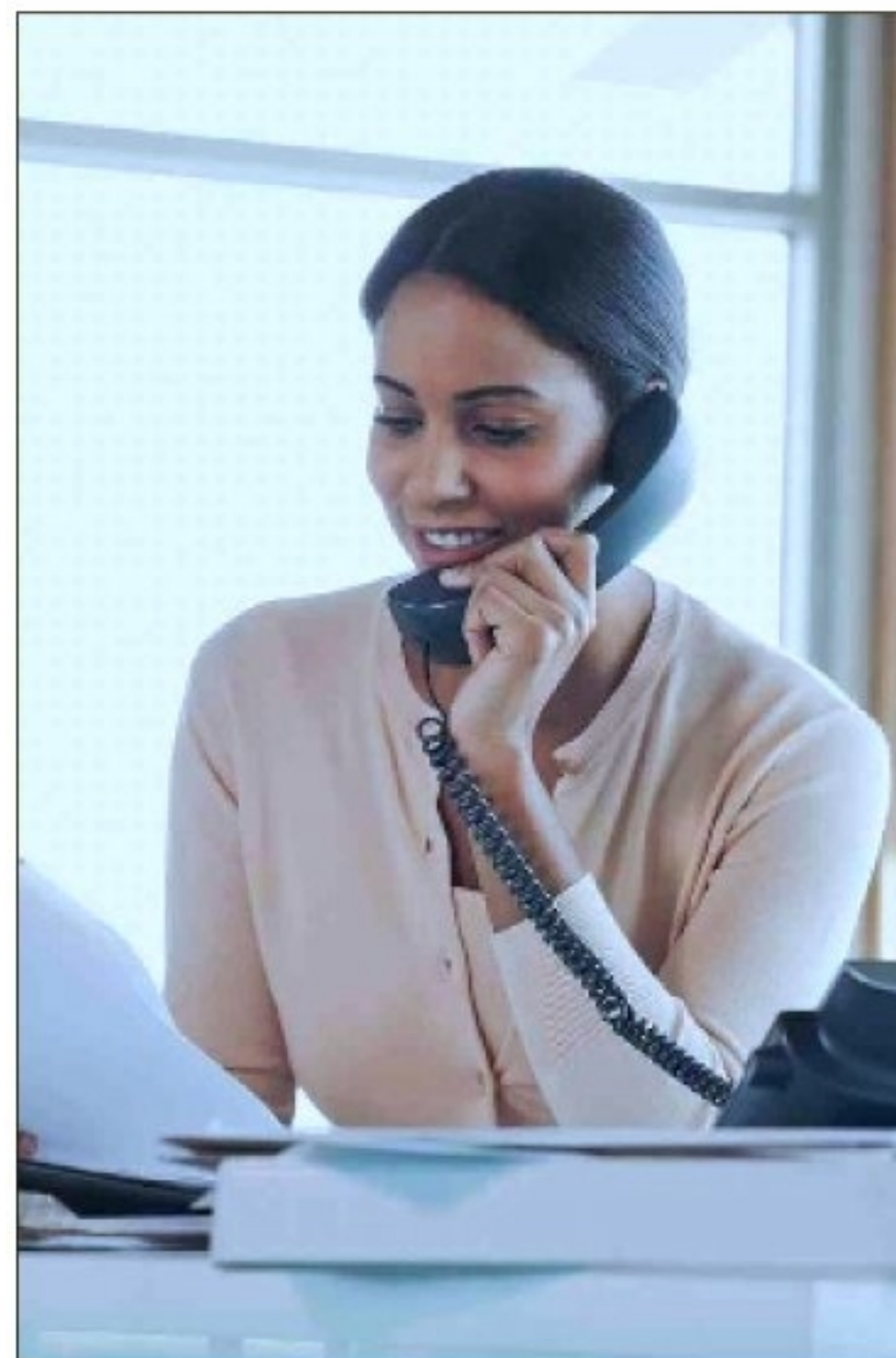
The RCMP say the accident happened at about 2:30 p.m. near Exit 18 on Highway 107.

Police say there was a collision between a Dodge Caravan and a Volkswagen Jetta in the westbound lane, about 500 metres from the exit.

The woman inside the Jetta died at the scene, according to the RCMP.

There were four people inside the Caravan — two adults and two kids — and all were taken to hospital with serious injuries.

The highway was closed in both directions for several hours as police investigated the cause.



Opportunity's calling. Make sure you get it.

Successful businesses don't take risks with their network. That's why more businesses in Atlantic Canada choose Bell Aliant than any other provider to do more and make more every day.¹

\$79⁹⁵/MO.²

For the first 3 months on a 1-year term \$98.95/MO. thereafter.

- Business Fibe™ Internet – 100% fibre direct to your business
- Speeds of up to 100 Mbps download and up to 50 Mbps upload
- Unlimited Internet usage
- Wi-Fi modem
- Fully-loaded Business phone line with 8 calling features³
- Keep your existing phone number

Call 1 844 342-3221 or visit bellaliant.ca/businessfibe

Bell
Aliant

Offer ends October 31, 2016. Available to new customers in Nova Scotia and Prince Edward Island where access and technology permit and where Business phone service is not CRTC-regulated. Subject to change without notice; cannot be combined with any other offer. Taxes extra. Usage subject to the terms of service; see bellaliant.ca/legal-regulatory/acceptable-use-internet. Other conditions apply. Fibe is a trademark of Bell Canada. (1) Based on the number of small business phone and Internet subscribers in Nova Scotia, Prince Edward Island, New Brunswick, and Newfoundland and Labrador. (2) Promotional monthly price for months 1 to 3 with Internet download speeds of up to 100 Mbps and upload speeds of up to 50 Mbps. The then-current monthly rate (now \$98.95, subject to change) applies thereafter. Early cancellation charges apply. Wi-Fi modem rental included; must be returned when service is cancelled. Speed and Wi-Fi signal strength may vary with your configuration, Internet traffic, server, environmental conditions or other factors. (3) Includes: 1. Fax-to-Email. 2. Call Dismiss. 3. Call Forwarding. 4. Call Transfer. 5. Call Waiting. 6. Ring Again. 7. 3-way Calling. 8. Speed Calling.

West goes wild for Royals

Will and Kate continue charming B.C. after touching down in Vancouver

The Duke and Duchess of Cambridge continued to charm Canadians on the second day of their visit to British Columbia and Yukon on Sunday.

The couple, without Prince George and Princess Charlotte, left Victoria on a float plane and arrived at Vancouver's Jack Poole Plaza, where several hundred royal fans gave them a noisy welcome.

British Columbia Premier Christy Clark, Vancouver Mayor Gregor Robertson and representatives of First Nations greeted them on the wharf.

The royal couple were dressed semi-formally for their visit to Vancouver, with William wearing a blazer and tie. Kate was wearing a red-and-white patterned dress by the late British designer Alexander McQueen, with her hair down, red shoes and a red purse.

The pair walked down a pathway through the crowd shaking hands and taking flowers, as well-wishers frantically snapped photos on their iPhones and cameras.



Prince William and Justin Trudeau admire a drum the prince was given.

Will greeted one side of the crowd while Kate spoke on the other. Both spent time talking with people and appeared to be trying to shake hands with everyone they could. As the pair finally got into a vehicle and left in a motorcade, there were cheers and cries of "Kate! Kate!"

Prince William told thou-

sands at the legislature shortly after their arrival Saturday that he and Kate want to meet as many Canadians, from as many walks of life, as possible during their visit.

The couple's first stop was to the city's gritty Downtown Eastside, where they met several mothers and their children who are part of a unique program for women with children or who are pregnant and also have drug and alcohol addictions.

A small crowd gathered outside the outreach centre in hopes of seeing or even speaking with the duke and duchess.

Tamara Gardner, from the Vancouver suburb of Maple Ridge, brought along her 15-year-old daughter, Victoria, for the visit.

The pair held a bright neon sign with a picture of the Queen, taken at Windsor Castle on Easter Sunday.

"It's very exciting," Gardner said. "And it's special to see them with my daughter."

THE CANADIAN PRESS



ALL PHOTOS JONATHAN HAYWARD/THE CANADIAN PRESS

CHANGE IS IN SIGHT.

Get laser vision correction today and love your life without glasses and contacts.

Starting at \$490/eye* | Book a free consultation at 1-855-301-2020 or lasikmd.com

LASIK MD
VISION

*Prices are subject to change without prior notice and vary based on prescription strength. Standard LASIK starting at \$490/eye and Custom LASIK starting at \$1,750/eye. Other conditions may apply.

A huuuuge showdown

U.S. ELECTION

Hillary and the Donald to finally go head-to-head in war of words

Donald Trump. Hillary Clinton. Yelling at each other, for once, instead of about each other.

The presidential debate on Monday is the first one-on-one showdown between two unpopular candidates who have tried to make the election about the abject terribleness of the other. With a record television audience expected, it offers each of them a critical opportunity to repair a tarnished image and reshape a close race.

Here's what you need to know:

THE BASICS: Time: 9 p.m. to 10:30 p.m. Location: Hofstra University, Hempstead, N.Y.

THE FORMAT: Six 15-minute segments on topics chosen by moderator Lester Holt, two from each of the vague categories he announced last week: "America's Direction," "Achieving Prosperity" and "Securing America." Holt will begin each segment



Hillary Clinton and Donald Trump will have their first head-to-head debate Monday. THE ASSOCIATED PRESS

with a question. Both candidates will get two minutes to respond. Then they'll get a chance to respond to each other.

THE AUDIENCE: In Trump-ese: huge. There is a chance the debate will be the most-watched campaign event in American history. About 70 million people

watched the first debate of 2012; a Fox News Channel executive told Adweek that he expects 80 million to watch this one. "I think there's a lot more at stake here than in a normal presidential debate," said Alan Schroeder, author of Presidential Debates: 50 Years of High-Risk TV.

THE CONTEXT: Clinton's once-large national lead has shrunk to two points over the last three weeks amid broad concerns over her honesty and, to a lesser extent, her health. She leads in enough swing states to give her a victory, but now just barely, and she is under-

performing with millennials. Trump's problems are numerous: a majority of the electorate thinks he lacks the knowledge and temperament to be president, non-white people overwhelmingly see him as a racist, and he, too, is widely seen as dishonest.

HOW MUCH IT MATTERS: Remember this during your hypothetical mid-debate and post-debate freakouts: whatever happens, even if it seems big, is unlikely to be the thing that decides the election; research suggests that massive debate "game-changers" more or less do not exist.

HOW THEY PREPARED: Like you'd expect them to: Clinton exhaustively, Trump sporadically.

FIVE PHRASES YOU WILL PROBABLY HEAR FROM TRUMP: "Believe me," "Tremendous," "We don't win anymore," "I will fix it," "What do you have to lose?"

FIVE PHRASES YOU WILL PROBABLY HEAR FROM CLINTON: "Tax returns," "economy that works for all," "rise together," "dangerous," "Ronald Reagan."

TORSTAR NEWS SERVICE

SYRIA

Shocking bloodshed in Aleppo

At least 26 civilians were killed in fresh government airstrikes on the contested city of Aleppo, Syrian activists said Sunday, as the United Nations Security Council convened an emergency meeting on the spiraling violence in Syria.

At the start of that meeting the UN's top envoy to Syria accused the government of unleashing "unprecedented military violence" against civilians in Aleppo.

Hospitals are overwhelmed with casualties and medical workers are expecting many of the wounded to die from a lack of treatment, according to Mohammad Zein Khandaqani, a member of the Medical Council, which oversees medical affairs in the city's opposition quarters.

"I've never seen so many people dying in once place," he said from a hospital in the city. "It's terrifying today. In less than one hour, the Russian planes have killed more than 50 people and injured more than 200." THE ASSOCIATED PRESS

BURLINGTON SHOOTING

Suspect 'creepy' and 'zombie-like'

The 20-year-old man suspected of killing five people with a rifle at a Macy's makeup counter had a string of run-ins with the law in recent years, including charges he assaulted his stepfather, and was described by a neighbour as so "creepy, rude and obnoxious" that she kept a Taser by her front door.

As investigators tried to piece together information on Arcan Cetin, who was arrested Saturday evening after a nearly 24-hour manhunt, a picture emerged of a troubled young man. Cetin said nothing and appeared "zombie-like" when he was taken into custody on a sidewalk outside his apartment complex some 30 miles away in Oak Harbor by a sheriff's officer who recognized him as the suspect in the rampage, authorities said.

THE ASSOCIATED PRESS

A HUGE THANK YOU to all our sponsors of our
10th Annual Pancreatic Cancer Awareness Bike Tour and Walk



YOU made this event possible!



NICOMIT



www.craigscase.ca



"The International Abilympics gave me a chance to show the world what I can do. It has helped me in my career, and given me more confidence in my trade."

Show the world your skills!

For more information visit:
skillsns.ca
or email info@skillsns.ca



HELENA MABBETT
Silver Medalist - International Abilympics
Welding

New banks carving out niche markets

BANKING

Three entrants usher in era of competition in financial sector

The Office of the Superintendent of Financial Institutions (OSFI) has approved three new Schedule I banks since Jan. 1 — raising the number of domestic banks in this country to 30.

At the end of last year there were 27 Schedule I banks, the same number as in 2011.

The 10 per cent jump this year suggests a lot of movement in an industry that traditionally has many barriers to entry.

The new wave of banking entrants is empowered by technology, post-financial crash confidence and opportunities for niche players in a new era of competition — and possible instability — in the financial services space.

Exchange Bank of Canada announced last Monday its virtual doors were open for business, while New Brunswick's Caisse Populaire Acadienne (now called Uni) and Wealth One were given the go-ahead in July.

Another credit union, Ontario's Meridian, said in August that it is in the second phase of its licence and confident its national digital-only offering will join the banking scene by 2018.



Charles Lambert, president and CEO of Wealth One Canada, in the first and only retail branch in Canada. Wealth One hopes to cater to Chinese Canadians. CHRIS SO/TORSTAR NEWS SERVICE

It may seem like the current wave of banking entrants is a new trend, but it is actually the continuation of a decades-long wave of new competition, said Terry Campbell, head of the Canadian Bankers' Association.

The doors opened in 2001 with changes to the Bank Act that ushered in tiered owner-

ship structures that allowed smaller banks with \$2 billion or less in equity to have a single owner. The changes allowed retailers like PC Financial and Canadian Tire and communications companies like Rogers to create their own banks.

"It's bringing more competition into the marketplace and

Becoming a bank is a very, very long process.

Charles Lambert

has since the early part of the last decade," Campbell said.

Wealth One, which received orders to carry on business in July, is a digital-focused bank that caters to the Chinese-Canadian community. It was founded by a group of Chinese entrepreneurs who discussed the opportunity for such a financial institution given the country's large Chinese demographic.

CEO Charles Lambert left his job at Scotiabank for the opportunity to start up a new financial institution — the first domestic bank in Canada owned by Chinese-Canadian immigrants.

Lambert believes that by providing culturally aligned services to one of Canada's largest and fastest growing immigrant populations, Wealth One will be able to carve out a niche that will lure some customers away from the big banks.

The bank will exist mainly online, but will also have offices in Toronto and Vancouver and a retail location in Markham, Ont. It filed its application in 2012.

"Becoming a bank is a very, very long process," Lambert said, TORSTAR NEWS SERVICE

PACIFIC NORTHWEST

Clock ticking down on B.C. gas project

Time is running out for the federal government to decide on whether to approve the Pacific NorthWest LNG project, which could open the way for one of the largest infrastructure investments in Canadian history.

The legislated deadline for a decision on the Petronas-led, \$36-billion liquefied natural gas project on British Columbia's north coast is Oct. 2, following numerous delays in the review process including a three-month extension earlier this year.

The project has drawn intense scrutiny, both for the carbon emissions it would cause, and for the potential impact the \$11.4-billion export terminal on Lelu Island, south of Prince Rupert, B.C., would have on the fertile wild salmon habitat.

The Canadian Environmental Assessment Agency released a draft environmental report in February that found the project would not result in serious harm to fish habitat. However, its report also stated carbon dioxide emissions

totalling 5.3-million tonnes a year from the LNG facility, and another 6.5-million to 8.7-million tonnes from collection and transportation of the natural gas, would pose a significant ecological threat.

Since then, the CEAA has been working to produce a final report with attached conditions, taking into account information provided by Petronas and over 34,000 comments from the public on the draft report, CEAA spokeswoman Karen Fish said in an email.

Once a final report is complete, it will be up to federal cabinet ministers to decide whether the project will cause significant adverse environmental effects, and if it does, whether those effects are justified.

Fish said the government of Canada intends to make a final decision within the legislated time frame of Oct. 2, though because that falls on a Sunday, the deadline is actually pushed to Oct. 3.

THE CANADIAN PRESS

IN BRIEF

T-shirt violates copyright law, Montreal designer told

Montreal designer Pier-Luk Bouthillier says he received a notice on Sept. 13 informing him that a tourist T-shirt he makes featuring drawings of various Montreal landmarks is in violation of Canada's

copyright laws. The notice, sent out by SODRAC, the society that represents authors, composers, music publishers and artists in Canada, demanded he stop producing the T-shirts, which include images of the stadium.

THE CANADIAN PRESS

SERVICE DIRECTORY

To advertise contact 902-421-5824 SEPTEMBER 26

FINANCIAL

The Atlantic GOLD & SILVER CENTRE

We buy Gold & Silver!

- * Get 20% more than other dealers!
- * Compare rates online!
- * Professional Service!
- * Instant Valuation!
- * Cash payments!

30 Damascus Rd, Bedford. Tel: 1 866 720 9651
www.atlanticgoldsilver.com

HOME IMPROVEMENT

Heat Pumps from \$33/mth

Nova Scotia Power
On Bill Financing

Heat Pump Guys

902-444-7870

Halifax | Dartmouth
Sackville | HRM

WASH BOTTOM HANDS FREE!

- Toilet Attachment
 - Mechanical Water Spray
 - Non-electric
 - Easy to Install
 - Long Life
- \$80 + HST**

902-440-7014
SMART BIDET

APARTMENTS

APARTMENT FOR RENT

54 JACKSON ROAD • DARTMOUTH

Spacious 1 BR apartments. Mature/adult building close to amenities and bus routes.

Heat/HW & Parking included
\$550

902-489-5868 • halifaxapartmentrentals.ca

SHIRAZ Gardens Senior Living
Now Renting

All Included 1 & 2 BR Lake Front Suites

In floor heating, electricity, parking, lights, TV cable, internet, hot water, washer/dryer, dish washer & more
Starting from: \$1395

67 Citation Dr. Hammonds Plains
Call Ben @ 902 999 5783



ROSEMARY WESTWOOD

McDonald's owes this teen an apology

What began as a good news story as devolved into a bonafide mess around the pivotal issue of trans employment, and a Halifax McDonald's has some explaining to do.

First, Kenny Cooley made international headlines: A trans teen welcomed onto, of all things, a football team.

Cooley found "a family" in one of the most gender-normative, hyper-masculine spaces in our society. "You feel like you're a brother," he told media of his spot as wide receiver for the Halifax West High School Warriors.

Then, two days after his story hit the news, he was fired from his job at McDonald's.

Cooley told Metro News he was fired for a scheduling mix-up, and for all the media coverage he's earned. The McDonald's owner operator Bob Smith said the allegations are shocking, and "not true." The Halifax LGBTQ group the Youth Project is calling on franchise to give Cooley his job back and apologize.

That would be the ob-



Kenny Cooley. JEFF HARPER/METRO

vious move. At the very least, Mr. Smith needs to explain why Cooley was let go, if it wasn't simply for being trans, and open about it. Especially when, for trans people in this country, a stable job is the kind of pivotal issue on which so much else depends.

Anyone with a passing interest in trans rights will know the well-documented employment discrimination. According to research from Trans PULSE in Ontario, the trans unemployment rate is at an incredible 20 per cent (it's 7 per cent nationally). Only 37 per cent have full-time jobs, and the median

income of trans people in Ontario is a mere \$15,000.

The research found stories of trans people not getting jobs because of their gender, being fired or dismissed.

It's the kind of discrimination set to be made illegal under the Liberals' Transgender Bill of Rights, introduced last spring.

But it's not only a matter of human rights -- really, human dignity. The discrimination of trans Canadians is also bad for our economy.

A 2011 UCLA study into the economic impact of trans employment discrimination found that it cost the state of Massachusetts millions of dollars a year, plus at least \$3 million in additional healthcare expenditures.

Of course, for Cooley, this is personal. "It kind of made me feel really bad," he told Metro of losing his job. "It's not right."

No. And neither is the employment fate for so many other trans people in the country. But the truth is it's all too common.

TIMELINE

How Metro reached out to McDonald's

Wednesday afternoon

Emailed McDonald's regarding allegations from Kenny Cooley. No response by 5 p.m.

Wednesday night

Metro went to Bedford location to speak with manager. Another employee said she wasn't available.

Wednesday night

Shortly later, a statement from franchise owner Bob Smith is released: "Shocked by these allegations as they are simply not true."

Wednesday night

Metro follows up with McDonald's to confirm Kenny Cooley was in fact no longer working for them. No response.

Thursday afternoon

Metro again emails looking for response, including whether they will apologize to Cooley. No response.

Thursday afternoon

Thursday afternoon: Metro goes to Bedford location again to speak with manager. A different employee says she isn't there but takes our card.



URBAN ETIQUETTE ELLEN VANSTONE LIGHTNING ROUND

This week, in the interest of changing things up a bit, and offering fresh reminders about old issues, we decided to try a lightning round.

Is it OK to sit in the front seat of a taxi?

No. That's the driver's private domain, where you must not go without permission (e.g., when you're trying to squeeze in an extra person who won't fit in the back). While we're on the subject, when you're driving, always offer the front seat to the adults, and let kids and teens sit in the back seat.

Can I raid the fridge when babysitting?

If you're a teenager being paid less than minimum wage, help yourself to anything that is open, plentiful, non-alcoholic, and not likely to be missed. In return, make sure you leave the kitchen spotless. If you're a professional sitter, don't eat or drink anything unless you're also making it for the kids, or it's just a cuppa.

Can I raid the fridge when housesitting?

If the rules aren't laid out at the beginning, be discreet about what you eat. Eat up the perishables,

then buy your own food. Nobody wants to come back and feel like their home has been raided by locusts.

Is it OK to take the last drop of milk for my coffee, or should I always leave a drop for the next person?

Take the last drop and dispense with the carton. It's not helping anyone to leave a single useless drop, especially if your ulterior motive is to avoid having to rinse out the container, put it into the recycling bin, and procure a new carton of milk.

What do I do if I forget someone's name in the middle of introducing them to someone else?

There is nothing to be done but apologize and admit it. The next step is to train every single person you know to follow this simple rule: When you are being introduced to someone, never wait for the person who's introducing you to come up with both of your names.

Instead, leap in and say: "Hi! Nice to meet you! My name is [your name here]! What's your name?"

Need advice?

Email Ellen:

scene@metronews.ca

metro
Your essential daily news

CHIEF OPERATING OFFICER,
PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT,
REGIONAL SALES
Steve Shroot

MANAGING EDITOR HALIFAX
Philip Croucher

ADVERTISER INQUIRIES
adinfohalifax@metronews.ca
General phone 902-444-4444



OCTOBER 16th at NOON

Raising Funds &
Awareness for the



Cobeguid
Health Centre
Foundation

Lots of Prizes!

Trip for 2 to anywhere WEST JET flies (1 ballot per \$100 raised)

For 1st, 2nd & 3rd highest fundraiser

Bike & helmet for the highest fundraiser 18 years of age & under

Walk/Run
For youth: 2km
For all ages: 6km & 10km

Sign up TODAY in person or online
www.cobeguidwalkrun.ca

For more information
(902) 869-6128



NEW BOOK

Author argues homes aren't only way to build wealth



Genna Buck
Metro | Toronto

As a landlord, as a renter, and as an analyst at CIBC, Alex Avery has observed a culture, Canada-wide, of what he calls "cult-like" devotion to home ownership and a resulting epidemic of bad real estate advice.

His new book, *The Wealthy Renter*, encourages young would-be buyers to stop and think about what they could be doing with their money instead. He spoke to Metro about why renting has gained such a bad rap.

What convinced you to write this book?

Home ownership is so broadly promoted that renting has become a four-letter word. A lot of young Canadians are feeling a lot of pressure to buy into home ownership, at the same time as house prices have been rising, debt levels are high and interest rates are low. It's a very tough time to understand the housing market.

What should people think about when they're deciding whether to buy a home?

It's really important to understand the total cost of home ownership. The mortgage is just a small fraction. When looking at how much the value of their home has gone up, homeowners tend



'Nothing appreciates like a house' is a huge misconception

Alex Avery, author of *The Wealthy Renter*

much, or any, money to put aside at the end of the month. Does your advice apply to them? I think that it applies to all Canadians, and one of the really negative things about housing is that it's not a scalable investment. You can't just buy \$10,000 of a house. In Toronto, you have to buy \$500,000 or \$800,000 or a million dollars. In an exchange-traded fund or a mutual fund, you can do it a hundred dollars at a time.

Renting isn't all bad

Why do people want to own homes so badly? It's more than just a financial thing, it's a status thing.

It's a huge marketing campaign, by the real estate industry and by friends and family who may not understand other investments, and feel they've made a good choice by buying a home. The government of Canada is also a huge promoter of home ownership, and the reasons they do it are very good. But there isn't one prescription for everyone.

not to factor in the cost of renovations, maintenance and the interest they paid on a mortgage.

They simply say, "This is what I started with, this is what I ended with." If they had put that into a different investment, they may have done better.

If I'm a renter, where should I put my money? I know nothing appreciates like a house, but ...

"Nothing appreciates like a house" is a huge misconception. House prices have actually massively lagged the TSX composite (Canadian stock market index) over

the last 25 years. In fact, you would have delivered almost triple the amount of money buying into the TSX as you would have buying into the Canadian housing market.

Home ownership comes with a forced savings program in the form of a

mortgage. Renters need to replicate that through some other means. And many of those alternatives offer prospects for better returns than housing. It can be as simple as an automatic transfer into an investment account.

Many renters don't have

HALIFAX FOLKLORE CENTRE

1528 Brunswick St. 902-422-6350
Located just off Spring Garden Rd.



SEPTEMBER SALE
Musical Instruments
Vintage, Used & New
AT GREAT PRICES

halifaxfolklorecentre.ca

WANTED SEVERAL HOMES IMMEDIATELY

Several homes in your area will be given the opportunity of having a metal roofing system installed on their home at a reasonable cost. This lifetime product is capturing the interest of homeowners across the country who want to know this will be the last time they will have to re-roof their home. Our product is environmentally friendly and comes with a lifetime, transferable warranty with an excellent choice of colours to compliment your home and is going to be introduced to your local market. Your home can be a show place in your neighbourhood. We will make it worth your time to investigate the many benefits of metal roofing.

100% Financing OAC. Year-round Service.
PLEASE CALL TOLL FREE: 1-866-344-1919

THE TOP 6@6

LAST NIGHT ON 101.3 VIRGIN RADIO:

- 6 Ria Mae ft Neon Dreams
Ooh Love
- 5 Flume ft. Kai
Never Be Like You
- 4 DJ Snake ft Justin Bieber
Let Me Love You
- 3 The Chainsmokers ft Halsey
Closer
- 2 Tove Lo
Cool Girl
- 1 Kiara
Gold



Find the Virgin Radio in... Virgin Radio in...

Running the world's toughest races

ULTRAMARATHONS

Bloody toes and blisters don't scare these athletes

Imagine traversing through a canyon of waist-deep water at an altitude of more than 3,000 metres. Imagine doing it for five kilometres, knowing it's a mere fraction of the distance you'll need to cover over the next six days in the driest place in the world. And, you've yet to arrive at the most punishing terrain.

The next day, if you're like Paul Borlinha, your feet are blistered. Your pack is heavy. You're briskly moving along broccoli-like rock formations. And there's a 40-kilometre stretch ahead of you before you reach the base camp.

At the end of the day, you'll be hydrated, you'll have a tent to protect you while you sleep and you'll get medical attention, if needed. The rest is up to you. As you rest, you'll reflect on the sand dunes, salt flats and gravel that lie ahead.

This is a sample of what you'll



Ultramarathoner Paul Borlinha's next challenge is a 400-kilometre race through the Gobi Desert. He's pictured at the canyon water crossing in Chile's Atacama Desert when he ran the race a couple of years ago, and more recently training in High Park. CONTRIBUTED

encounter if you dare to sign up for a 250-kilometre, seven-day race through Chile's Atacama Desert, with little more than a 20-litre backpack carrying only the essentials.

This desert run is a niche variation of what's known as an ultra-

marathon, a race category that includes any distance beyond 50 kilometres.

A few days from now Borlinha will do it all over again, but with the bar raised. The 52-year-old, a race veteran who's finished nine ultramarathons and five

Ironman competitions to date, will attempt to conquer a mind-boggling 400-kilometre course in the Gobi Desert.

If that sounds daunting, it is, Borlinha contends, but the training at times can be gruelling, too. It's a test of endurance and also

a test of will. Yet, there's something within that compels him to constantly seek new challenges — what he says drives him the most.

"It's about a real deep focus," he said at a coffee shop in Toronto's High Park. He occasionally

trains in the area.

"You stop thinking almost. You're numb. In some cases, it's good. You don't feel the pain as much."

"The reality comes back when you start to feel the pain and it snaps you out of autopilot."

The 4 Deserts Race Series, which stages the Atacama Crossing, puts runners through the test on four continents, in some of the world's most extreme conditions: the Atacama Desert, Sahara Desert, Gobi Desert and the Antarctic. To date, after the inaugural Gobi March in 2003, more than 7,000 people have participated in nearly 50 competitions.

As one of 200-odd competitors enlisted in each race, there are moments when Borlinha — who in 2014 became only the third person to do all four in the series, as well as a Roving Race that annually changes locations, all in one year — said he had no choice but to confront pain.

"At the end of the fourth day, I had to drill some holes right down through my nails" to release the pressure, he said, which forced blood to explode "like a little geyser."

TORSTAR NEWS SERVICE



JOHANNA SCHNELLER WHAT I'M WATCHING

Stars get political with ad

THE SHOW: "Save the Day" video
THE MOMENT: The real super-heroes

One by one against a white background, celebrities implore Americans to register and vote. "The only way we can prove that your vote counts," Robert Downey, Jr. says, "is to have a lot of famous people..."

"... Lots and lots of famous people," James Franco chimes in. "A s— ton of famous people," Julianne Moore says, "repeating how important it is."

Taran Killam: "You only get this many famous people if the issue really matters..."

"... Like a disease," says Scarlett Johansson.

"Or a racist, abusive coward who could permanently damage the fabric of our society," says Don Cheadle.

Yow.
Writer/director Joss Whedon has put one million of his own dollars into a Super PAC for Hillary Clinton, and has assembled actors from his film Avengers: Age of Ultron and his TV show Agents of S.H.I.E.L.D. to make a series of videos leading up to U.S. election day, Nov. 8.

This first one is a media-savvy blend of tongue-in-cheek, self-reflexive moments — "Some-



Scarlett Johansson joins Avengers co-stars in a Joss Whedon-funded video encouraging Americans to vote. LIZ BEDDALL/METRO

times a not-famous person will be mixed in with the famous ones to drive the message home with their unpolished sincerity," say two not-famous people; the celebs "surprise" Mark Ruffalo by claiming he'll appear naked in his next film if people vote — mixed with impassioned stings, such as Cheadle's.

Though neither Clinton nor Donald Trump is mentioned by name, the villain here is clear:

"Help protect this country from fear and ignorance," says Bradley Whitford.

The superheroes aren't wearing their capes, but they sure are flexing their star power.

The video can be seen at savetheday.vote.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

OPENS IN 2 WEEKS!

Menopause

The Musical®

The Hilarious Celebration of Women and The Change!®

Oct. 6
To
Oct. 16

**Canadian
All-Star
Cast!**

10 Days Only! Don't Miss Out!

"Dollar for Dollar Best Show In Town!"

-Las Vegas Review

Tues., Wed., Thurs. & Fri.: 8 pm • Sat.: 2 & 8 pm • Sun.: 2 & 7 pm

Ticket Halifax 902-422-6278 x500

BUY ONLINE www.spatztheatre.ca

Special Discounts Groups 8+

THE Group Tix Company • 1-866-447-7849

SPATZ THEATRE - Citadel High School • 1855 Trollope St. - EZ Parking

tr SPORTS

Winnipeg's Jonathan Toews is now 45-1-1 with Team Canada since 2006 after Saturday's 5-3 win over Russia in the World Cup semifinal

QMJHL MOOSEHEADS GO .500 ON OPENING WEEKEND

Halifax Mooseheads defencemen Cooper Jones celebrates a third-period goal by rookie Benoit-Olivier Groulx against the Saint John Sea Dogs at Scotiabank Centre on Saturday night.

Groulx scored twice as Halifax won 4-3 to improve to 1-1 on the young season.

JEFF HARPER/METRO



WORLD CUP OF HOCKEY

Europe sets up faceoff with Canada

Despite being an assortment of eight different countries, Team Europe's chemistry at the World Cup of Hockey hasn't been an issue.

That was on display Sunday afternoon when Tomas Tatar took a cross-ice pass from Mats Zuccarello and scored the winner in overtime as Europe beat Sweden 3-2 in the tournament's second semifinal.

"I don't think anyone wants us here in the tournament and now we're in the final," said Zuccarello. "I think it's something we're really proud of and it's fun to be here."

Tatar's second goal of the game — ruled a good goal after a video review — came 3:43 into extra time and set up a meeting with Canada in the final, which starts Tuesday night. The Canadians advanced after a 5-3



Mats Zuccarello
GETTY IMAGES

victory over Russia on Saturday night.

Marian Gaborik had the other goal for Europe (3-1-0) while Jaroslav Halak made 37 saves.

It's not the first time Team Europe has stunned an opponent at this tournament. The team opened the World Cup with a surprising 3-0 win over the U.S. and also beat Sweden in pre-tournament play on Sept. 14.

"It's very disappointing for us," said Sweden defenceman Victor Hedman. "We didn't play well enough, especially not today. I think we were working uphill, obviously being down 2-1, we get the tying goal and then we had some chances in OT." THE CANADIAN PRESS

King Palmer passes on

MODERN ATHLETE

Golf great won hearts, minds and many, many trophies

Arnold Palmer brought a country-club sport to the masses with a hard-charging style, charisma and a commoner's touch. At ease with both presidents and the golfing public, and on a first-name basis with both, "The King," died Sunday in Pittsburgh. He was 87.

Alastair Johnson, CEO of Arnold Palmer Enterprises, confirmed that Palmer died Sunday afternoon of complications from heart problems.

Palmer ranked among the most important figures in golf history, and it went well beyond



Arnold Palmer at the Lucky International Open in San Francisco in January 1962. THE ASSOCIATED PRESS

his seven major championships and 62 PGA Tour wins. His good looks, devilish grin and go-for-broke manner made the sport

appealing to one and all.

Beyond his golf, Palmer was a pioneer in sports marketing, paving the way for scores of other

“Arnold transcended the game of golf. He was more than a golfer or even a great golfer. He was an icon. He was a legend.”

A statement from Jack Nicklaus

athletes to reap in millions from endorsements. Some four decades after his last PGA Tour win, he ranked among the highest-earners in golf. THE ASSOCIATED PRESS



Palmer at the Masters in April
GETTY IMAGES

IN BRIEF

Great rally nets Rory \$10M

Rory McIlroy finally won the FedEx Cup when he least expected it.

McIlroy was three shots behind with three holes to play Sunday in the Tour Championship. Nearly two hours later, he holed a 15-foot birdie putt on the fourth extra hole to win at East Lake in a playoff and claim the \$10 million FedEx Cup bonus.

McIlroy won on the 16th hole, where his stunning rally began in regulation when he holed out from 137 yards for eagle. THE ASSOCIATED PRESS

Marlins ace Fernandez dies in boating accident

Jose Fernandez, the ace right-hander for the Miami Marlins who escaped Cuba to become one of baseball's brightest stars, was killed in boating accident early Sunday morning. Fernandez was 24.

The Marlins announced Fernandez's death, and the U.S. Coast Guard confirmed that Fernandez was one of three people killed in a boat crash off Miami Beach.

THE ASSOCIATED PRESS



90s to now

Break the routine.
mix means variety.

RECIPE Carrot & Chickpea Stew



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada



Fill your home with the amazing fragrance of this Moroccan-inspired veggie stew.

Ready in 1 hour 5 minutes

Prep time: 5 minutes
Cook time: 1 hour
Serves 6

Ingredients

- 1 medium onion, chopped
- 3 garlic cloves, minced
- 1 Tbsp minced ginger
- Tbsp olive oil
- 3 cups carrots, chopped in 1/4 inch rounds
- 1/2 tsp turmeric
- 3/4 tsp cinnamon
- 1 tsp chili powder
- 1 red pepper chopped
- 1/2 zucchini chopped
- 6 or 8 mushrooms chopped

- 2 cups of canned chickpeas, drained
- 1 cup chicken or vegetable stock

Directions

1. Sauté the onion, garlic and ginger in the olive oil until they're soft but not browned.
2. Add the carrots and the spices and a splash of stock to stop it from sticking.
3. Cook for 10 to 15 minutes, stirring occasionally.
4. Add the other vegetables and sauté for a couple of minutes.
5. Add the drained chickpeas and stock and simmer for an hour, stirring regularly.
6. Add salt and pepper to taste. Serve with a dollop of plain yogurt and some fresh cilantro.

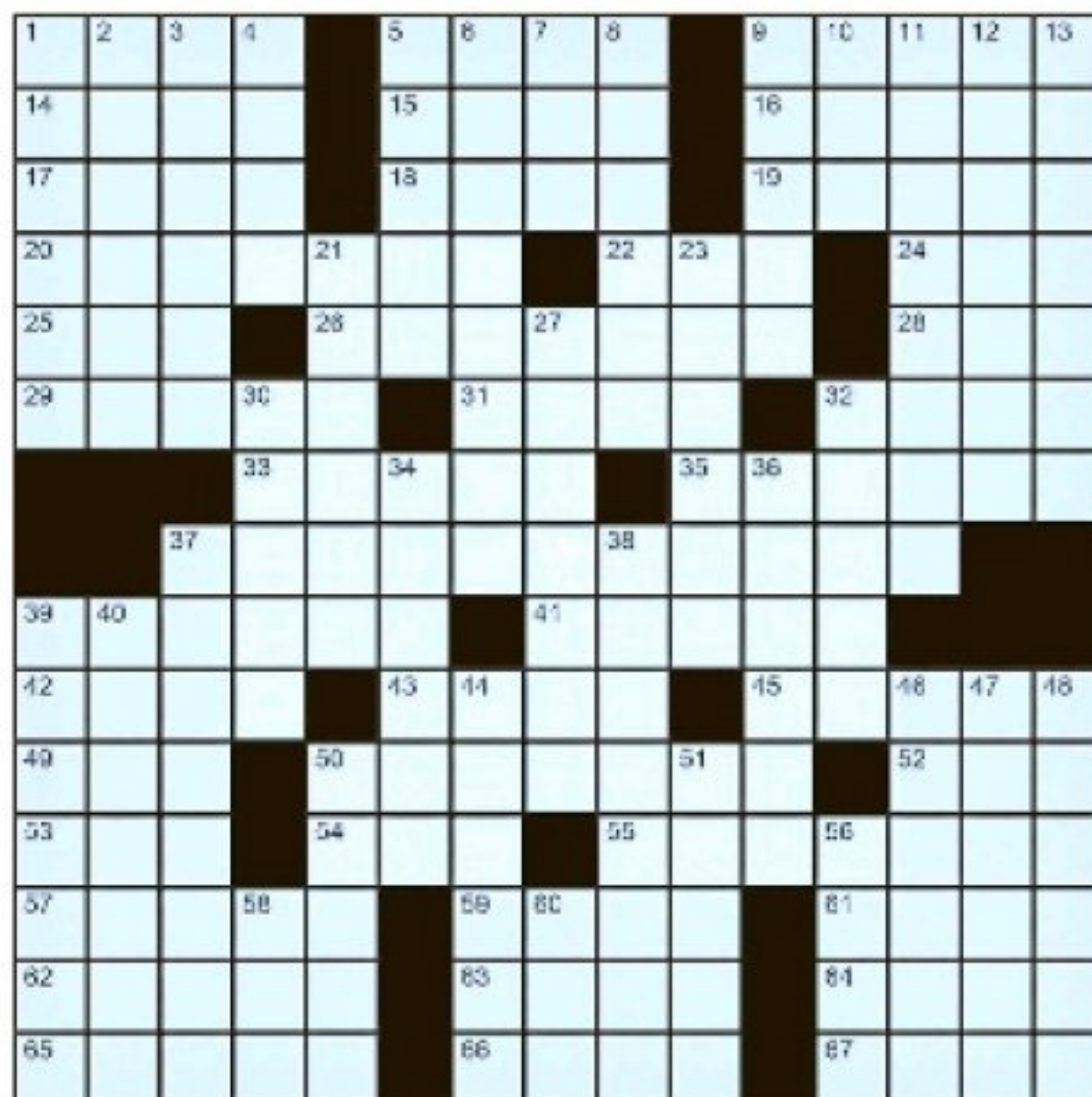
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Grind grub
5. Unruly crowds
9. Ring
14. Libertine
15. Help with the bank robbery
16. Old alphabet symbols
17. Bygone time
18. Tropical destination
19. Emergence
20. Light aircraft
22. Fond du __, Wisconsin
24. __-game show
25. Dance style
26. Predictors in the past
28. Pres. Eisenhower
29. Will, posh-style
31. Overcook
32. Small weight
33. Theatre lane
35. Shoelace tips
37. Prince William and Kate are currently on a what of Canada?: 3 wds.
39. Combed-for-fossils sedimentary layers
41. Kitchen gadget
42. Fires
43. In that case
45. Proclamation
49. In the style of: 2 mots
50. Non-verbally say "Oh, I couldn't even bear that!"
52. Greek alphabet's 19th letter
53. Zodiac animal
54. 'Ideal' suffix



55. Whistle-holding cord
57. Expanse-related
59. Tel __, Israel
61. Choir voice
62. Lettered/numbered balls game
63. 2009 Kate Hudson mov-

- ie musical
64. Docking spot
65. Stuffs with foodstuffs
66. Droops
67. Back talk

DOWN

1. Horror movie haunts
2. "Whoopie!"

3. Galilean moon of Jupiter
4. Do a boo-hoo-hoo
5. "Finding Vivian __" (2013)
6. __ course
7. "The Fresh Prince of __-Air"
8. Stanley's wife in

- "A Streetcar Named Desire" (1951)
9. Comfy shoes brand
10. Sweetie
11. Motivator
12. Kalahari Desert animal
13. Reverences
21. John Bel-

ushi's character in "The Blues Brothers" (1980), ' __' Jake Blues
23. Refresh the lawn
27. Said that word photographers say to say, say
30. Ms. Turner's
32. Pasted
34. Scythe tracks
36. Regulate
37. Decoration
38. __ wood
39. Sacred beetles of ancient Egypt
40. Greek Myth: Winged sandals worn by ancient messenger Hermes
44. People
46. Roma's realm
47. __ du jour (Montreal 'menus')
48. Henry VIII, and kin
50. Country towers
51. Roof rim things
56. Puppy protestations!
58. Stone __
60. Through

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
It's Monday — but it's a playful Monday for your sign. Accept invitations to party. Focus on creative activities, sports, the arts and romantic diversions. Stir up some fun!

Taurus April 21 - May 21
Focus on home, family and your private life today. In fact, a conversation with a parent or a female relative could be important for both of you. Go with the flow.

Gemini May 22 - June 21
Ashort trip and a chance to talk to siblings and relatives probably are on the menu for you today. This is a fast-paced, busy day full of errands and little tasks.

Cancer June 22 - July 23
Money and cash flow are on your mind today. Perhaps this is because you are redecorating at home and possibly exploring future real-estate opportunities.

Leo July 24 - Aug. 23
Because the Moon is in your sign today, why not ask the universe for a favor? For two days every month, the Moon is in your sign making you a little luckier than all the other signs.

Virgo Aug. 24 - Sept. 23
Work alone or behind the scenes today. Keep a low profile. It's just that kind of day.

Libra Sept. 24 - Oct. 23
Interactions with a female friend will be important today. You might want to share your hopes and dreams for the future to get others' feedback.

Scorpio Oct. 24 - Nov. 22
A discussion with a female authority figure (boss or parent) will be significant today. At the very least, listen to what is said. (You never know where you will next hear some wise advice.)

Sagittarius Nov. 23 - Dec. 21
Travel will appeal to you today, because you want to broaden your horizons. Make an effort to learn something new. Go someplace you've never been before.

Capricorn Dec. 22 - Jan. 20
Address issues related to inheritances and shared property today so that you are caught up with red-tape details. Don't let this stuff fall behind.

Aquarius Jan. 21 - Feb. 19
Conversations with partners and close friends will be significant today. Be prepared to agree and go along with what's being proposed.

Pisces Feb. 20 - March 20
Do something to feel better organized today. Set aside 10 or 15 minutes to tidy up your scene or get rid of something you no longer need. Streamline your space!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



THE HANDY POCKET VERSION!

Get the news as it happens



metro



Download the Metro News App today at
metronews.ca/mobile

FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to
metronews.ca/games





FAMILY MATTERS AT STEELE MAZDA

GET UP TO **\$1,000** OFF SELECT MAZDA MODELS*
& 0% PURCHASE FINANCING*



FAMILY MATTERS

— ***STEELEMAZDA.COM*** —

WE HAVE THE RIGHT VEHICLE FOR EVERY STAGE OF YOUR LIFE!



TWENTY FIVE,
FEELING ALIVE!
IN YOUR MAZDA3.



A SIGN OF YOUR PRIDE,
YOUR FAMILY, IN YOUR CX-9.



THIS FAMILY YOU LOVE. FITS LIKE A GLOVE.
YOUR PRECIOUS CARGO, IN YOUR CX-5.



YOUR LITTLE FAMILY IN YOUR SUV.
THAT'S HOW YOU DO IT.
THAT'S YOUR CX-3.



FEEL ALIVE,
GO GET THE WORLD
IN YOUR MX-5.

MAZDA

UNLIMITED

MILEAGE WARRANTY

*See dealer for details.

BAKER DRIVE, DARTMOUTH
ACROSS FROM SOBEYS
LOCAL: 902-982-3897
TOLL FREE: 1 866-787-4425
WWW.STEELEMAZDA.COM

Steele
MAZDA

WITH UNLIMITED MILEAGE WARRANTY, THERE'S NO LIMIT TO HOW FAR YOU CAN GO!